

Memory Café

Join us to share your stories & socialize with others who have concerns about their memory or the memory of a loved one.

**Make new friends and learn more about brain health
in a relaxed atmosphere!**

September program features

- **“Your Brain on Laughter” presented by Denise Driscoll, The Humor Exchange**
- **Great Conversations & Preview of Upcoming Events**

Who should attend: People who are concerned about their memory as well as people who have early to moderate Alzheimer’s disease or other dementia, their family members, and friends. **THIS IS NOT A SUPPORT GROUP.** It’s a chance to make new friends and talk with others who are “in the same boat.”

Thursday, September 28

2:30 – 4:00 pm

Mt. Sinai Baptist Church

2401 Argonne Dr., North Chicago

Light Refreshments Served



For more information and to register, call

Pat Taylor (847-951-2050) or Chris Damon (847-596-8226)

See reverse side for additional dates and locations!



SAVE THESE MEMORY CAFÉ DATES!!!

Date	Time	Location	Topics
Thurs, Sept 28, 2017	2:30 – 4:00 pm	Mt. Sinai Baptist Church 2401 Argonne Dr North Chicago	Your Brain on Laughter
Thurs, Oct 26, 2017	2:30 – 4:00 pm	St. John Missionary Baptist Church 708 W Greenwood Ave Waukegan	Everyone's an Artist
Thurs, Nov 16, 2017	2:30-4:00 pm	Fuller Center for Housing 141 S Genesee St. Waukegan	Friends and a Great Bowl of Soup
Thurs, Dec 14, 2017	2:30-4:00 pm	Fuller Center for Housing 141 S Genesee St. Waukegan	Holiday Party (Holiday Singalong & Great Food)

***Monthly meetings include conversation, question and answer, fun activities, and food.**

**To register and to share your ideas, please contact
Pat Taylor (847-951-2050) or Chris Damon (847-596-8226).**